

Brief report

Stoma Care training program for healthcare professionals for the country

Date: April 20-24, 2018

Host: University Medical Center, Ho Chi Minh City, Vietnam (UMC)

*Distinguished Lecturers:

- CARLO PEZCOLLER, MD. – Lions for Stoma Care, Modena, Italy
- HARIKESH BUCH, MD. – ASPOA (online training)

*Local Lecturers and Instructors:

- NGUYEN HUU THINH, MD. – Training & Scientific Research Department
- NGUYEN VAN HOC, MD. – Urology Department
- Matron NGUYEN THI KIM PHUONG – Digestive Surgery Dept.
- Matron VO THI THANH TUYEN - Digestive Surgery Dept.
- ET. NGUYEN THI LAM - Digestive Surgery Dept.
- ET. NGUYEN THI THUONG - Digestive Surgery Dept.

- Participants: 41 (102.5% compared to estimation)
 - o Foreign trainees: 04 (02 from Myanmar, 02 from Cambodia)
 - o Local trainees: 37
 - Other provinces: 09
 - Other hospitals in Ho Chi Minh City: 09
 - UMC staff: 19
 - o 09 ostomates invited for experience sharing and practice
- Survey from participants:
 - o Professional content: 98.83% suitable and helpful

- Sessions per year:
 - 64.16%: once per year
 - 27.02%: twice per year
 - 8.82%: > twice per year

Brief report from Ms. THUONG ET:

“UPDATING KNOWLEDGE IN STOMA CARE

Stoma care training course 20-24th, April 2018 in UMC (University Medical Center) Vietnam

Understanding the need of helping nurses acknowledge the importance of nursing for stoma patients, the annual stoma care course was held in UMC under the support from Lions For Stoma Care Association, particularly Dr. Carlo Pezcoller and Dr. Harikesh Buch.

The participants come from the North to the South of Vietnam, including the nurses from local hospital that is difficulty in exposing to new updating stoma care and ostomy products. Specially, this year we had four foreign candidates (3 nurses and 1 doctor) came from Cambodia and Myanmar



Figure 1: The stoma care training course was held in Vietnam in 2018 with 41 participants

The course aims to provide the information about stoma surgery and the full basic stoma nursing. The importance of pre-operation and post-operation counselling in order to give the patients a holistic care in physical and mental aspects is also given



Figure 2: Pro. Carlo with an interested topic



Figure 3: Online training with Pro. Harikesh Buch

Practical session gave the factual view of doing some procedure in stoma care and dealing with stoma complications.



Figure 4: Practice doing pouching



Figure 5: Stoma siting and wearing bag experiences sharing



Figure 6: Stoma irrigation

Ostomates Gathering time is opened a comfortable environment for ostomates sharing their new life with stoma including difficulties and successful in ostomy self-management. Adapting with ostomy helped them improving their quality of life and getting more confident in social activities and working places.



Figure 7: Ostomates sharing and giving irrigation sets for ostomates that having permanent colostomy.

Students stated their feeling about the course and what they have achieved from, the advantages and disadvantages of the course and giving some recommendations for promoting the quality of next stoma care course.



Figure 7: Sharing from foreign participants



Figure 8: Delivery the certifies