



Program at a Glance

Thursday, September 24, 2026

	Poster (2F Multi-purpose Hall)	Room1 (5F 501)	Room2 (5F 502 + 503)	Room3 (4F 409 + 410)
8:00				
8:30				
9:00		Plenary Lecture 1 Shinichi Tohei	Symposium 1 Psychosomatic Medicine in Anesthesiology and Pain Practice	Master Class 4 Bioelectric Potential and acupuncture
9:30		Short Talks 1 Keishin Kimura		
10:00	Coffee Break			
10:30		Special Symposium 1 The History and Future of Psychosomatic Medicine in Asian Countries	Short Talks 2 Ajándék Eöry	Short Talks 5 Jane Walker
11:00			Short Talks 3 Hochang Benjamin Lee	Short Talks 6 Masako Hosoi
11:30			Short Talks 4 Stephan Zipfel	Short Talks 7 Geroge S. Nasra
12:00				
12:30	Lunch Break			
13:00				
13:30	Poster 1	Plenary Lecture 2 Michael Hoyt	Symposium 2 The Korean Society of Stress Medicine	Special Symposium 2 Naikan
14:00		Plenary Lecture 3 Janet Tomiyama		
14:30				
15:00	Short Break			
15:30		Plenary Lecture 4 Kenryo Minowa	Open Symposium 1 Innovations in Prevention and treatment of Eating Disorders at the intersection between brain and body	Open Symposium 2 Clinical Application and Research of Mongolian Mind- Body Interactive Therapy
16:00				
16:30				
17:00		Opening Ceremony		
17:30		ICPM Welome Reception		
18:00				

	Room4 (4F 411 + 412)	Room5 (4F 413 + 414)	Room6 (4F 401 + 402 + 403)	
8:00				8:00
8:30		Symposium 4 Alexithymia and Interoception: Emotion, Body Awareness, and Stress- Related Disorders in Psychosomatic Medicine	Symposium 5 Brain Network Dynamics of Cognitive Behavioral Therapy for Bulimia Nervosa: Longitudinal Resting-State fMRI Evidence	8:30
9:00	Work Shop 1 International Balint Group			9:00
9:30				9:30
10:00	Coffee Break			10:00
10:30	Open Symposium 3 Psychogenic fever and functional hyperthermia	Oral 1 Gender Medicine, Female Mental Health and Obesity	Oral 3 Psychotherapy and HRV Interventions	10:30
11:00				11:00
11:30		Oral 2 Eating and Weight Disorders	Oral 4 Mind-Body Interaction and Psychosomatic Mechanisms	11:30
12:00				12:00
12:30	Lunch Break			12:30
13:00				13:00
13:30	Open Symposium 4 Alexisomia	Special Symposium 3 Morita therapy, its development to date and possible future from the original method to recent revision	Symposium 6 Shaping Psychosomatic Oral Medicine: Asian Network and collaborations	13:30
14:00				14:00
14:30				14:30
15:00	Short Break			15:00
15:30	Symposium 3 Advances and Global Dissemination in Psychosomatic Pediatrics ~supported by Japanese Society of Psychosomatic Pediatrics(JSPP)~	Special Symposium 4 Qigong as a Mind-Body Practice: Bridging Ancient Wisdom and Modern Medicine	Open Symposium 5 Current state of the art of Somatic Symptom Disorder etiology and treatment: a EURONET SOMA symposium	15:30
16:00				16:00
16:30				16:30
17:00				17:00
17:30				17:30
18:00				18:00



Program at a Glance

Friday, September 25, 2026

	Poster (2F Multi-purpose Hall)	Room1 (5F 501)	Room2 (5F 502 + 503)	Room3 (4F 409 + 410)
8:00		Short Talks 8 Kazuhiro Yoshiuchi	Symposium 7 The Current state of Yoga Therapy in Northeast Asia	Master Class 3 Art Therapy: Therapeutic Resonance from an Eastern Perspective
8:30				
9:00		Plenary Lecture 5 [WEB] Emeran A. Mayer		
9:30				
10:00		Plenary Lecture 6 Magnus Simrén		Plenary Lecture 11 Sarah N. Garfinkel
10:30			Plenary Lecture 10 Kyung Bong Koh	
	Coffee Break			
11:00		Plenary Symposium Global Perspectives on the Biopsychosocial Model: Current Implementation and Barriers in Asia, the United States, and Europe		Open Symposium 8 Integrative Yoga Therapy Symposium
11:30				
12:00				
12:30				
13:00	Lunch Break			
13:30				
14:00	Poster 2	Plenary Lecture 7 Ulrike H. Schmidt	Open Symposium 6 Update on Alexithymia - new insights from psychometrics, physiology, neuropsychology and brain imaging	Master Class 2 Experiencing Naikan - Japanese Psychotherapy of Self-Reflection
14:30				
15:00		Plenary Lecture 8 Michael C. Sharpe		
15:30				
	Short Break			
16:00		Plenary Lecture 9 [WEB] John F. Cryan	Open Symposium 7 Medical-Psychiatry Units Across Continents: Emerging Models, Common Frameworks, and the Global Expansion of Integrated Inpatient Care	Master Class 1 Introduction to Assessment and Instruction Methods in Yoga Therapy
16:30				
17:00		Short Talks 9 Mosaburo Kainuma		
17:30				
18:00				

	Room4 (4F 411 + 412)	Room5 (4F 413 + 414)	Room6 (4F 401 + 402 + 403)	
		Open Symposium 10 Family-Centered Cancer Survivorship: Current Approaches and Outcomes	Open Symposium 11 Temporal dynamics of psychosomatic phenomena: evidence from Taiwan	8:00
	Short Talks 10 Hiroaki Kumano			8:30
	Symposium 8 Obesity Stigma in Japanese Populations: Psychological Mechanisms, Clinical Correlates, and Implications for Eating Behavior			9:00
		Oral 5 Privention, Early Intervention and Child/Adolescent Psychosomatics	Oral 6 Mood, Anxiety and Depression-related Interventions	9:30
				10:00
	Coffee Break			
	Symposium 9 Psychodermatology symposium	Special Symposium 5 Kampo Medicine and Psychosomatics on the World Stage: Evidence, Global Trends, and Educational Standards	Oral 7 Intercultural, Eastern Perspectives and Specialist Therapies	11:00
				11:30
				12:00
				12:30
	Lunch Break			
			ICPM General Assembly (ICPM members only)	13:30
	Symposium 10 Interoception and Vagal Pathways: From Basic Mechanisms to Clinical Translation	Symposium 11 Long COVID, ME/CFS and Psychosomatic Medicine		14:00
				14:30
				15:00
				15:30
	Short Break			
	Open Symposium 9 Biopsychosocial Perspectives on Cardiovascular Disease: Social Isolation, Sudden Life Stressors, and Implications for Prevention and Care	Special Symposium 6 Advantages of physical stimulation by acupuncture and stereoscopic comprehension of the body in association with five spirits and five sensations	Work Shop 2 Transcultural case discussion group	16:00
				16:30
				17:00
				17:30
				18:00



Program at a Glance

Saturday, September 26, 2026

	Poster (2F Multi-purpose Hall)	Room1 (5F 501)	Room2 (5F 502 + 503)	Room3 (4F 409 + 410)
8:00		Plenary Lecture 12 Kazuhiro Nakamura	Plenary Lecture 16 Takuya Sasaki	Symposium 13 New Aspects of Disorders of Gut-Brain Interaction in the Era of Rome V Criteria
8:30				
9:00		Plenary Lecture 13 Kiyoshi Toko	Plenary Lecture 17 Takahiro Masuda	
9:30				
10:00	Coffee Break			
10:30		Plenary Lecture 14 Makoto Tsuda	Short Talks 11 Katsunaka Mikami	Symposium 14 Culture and Psycho-Oncology in East Asia: Mind-Body Perspectives, Decision-Making, and Bereavement Care
11:00				
11:30		Award and Closing Ceremony		
12:00				
12:30				
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15:30		Plenary Lecture 15 TakahiroA. Kato	Symposium 12 Psychosomatic benefit of music therapy using actual Western and Japanese music and dance	
16:00				
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17:00				
17:30				
18:00				

	Room4 (4F 411 + 412)	Room5 (4F 413 + 414)	Room6 (4F 401 + 402 + 403)	
8:00	Symposium 15 Mind-Body Interactions in Respiratory Diseases: From Mechanisms to Clinical Practice	Oral 9 Somatoform Disorders, Pain and Functional Syndromes	Workshop 3 The Interface Between Psychosomatic Medicine and the Emerging Focus on Patient Experience in Healthcare — Communication Coaching for Practicing Relationality, Reflection, and Collegiality —	8:00
8:30				8:30
9:00				9:00
9:30				9:30
10:00	Coffee Break			
10:30	Oral 8 Long COVID, Health Services and Occupational Stress	Oral 10 Digital Health, Education and Innovation		10:30
11:00				11:00
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