

28th World Congress of ICPM (ICPM2026)

Plenary Lecture 1

September 24 (Thu) 8:30-9:20 Room 1

Chair: Takakazu Oka (Department of Psychosomatic Internal Medicine, Graduate School of Medical Sciences, International University of Health and Welfare)

PL01 Ki and health: Rediscovering our natural potential through posture and breathing

Shinichi Tohei Ki Society HQ (Shinshin Toitsu Aikido Kai)

Plenary Lecture 2

September 24 (Thu) 13:10-14:00 Room 1

Chair: Kazuhiro Yoshiuchi (Department of Psychosomatic Medicine, The University of Tokyo Hospital)

PL02 Building a biobehavioral intervention for young adult cancer survivors

Michael Hoyt University of California, Irvine

Plenary Lecture 3

September 24 (Thu) 14:10-15:00 Room 1

Chair: Hiroe Kikuchi (Department of Psychosomatic Medicine National Center for Global Health and Medicine Japan Institute for Health Security)

PL03 Weight stigma and health: A biopsychosocial approach

Janet Tomiyama Department of Psychology, UCLA

Plenary Lecture 4

September 24 (Thu) 15:20-16:10 Room 1

Chair: Hiroaki Kumano (Faculty of Human Sciences, Waseda University)

PL04 An overview of meditation as taught in Buddhism and its effects

Kenryo Minowa Faculty of Buddhist Studies, Rissho University

Plenary Lecture 5 [WEB]

September 25 (Fri) 8:40-9:30 Room 1

Chairs: Shin Fukudo (Department of Psychosomatic Medicine, Japanese Red Cross Ishinomaki Hospital Research Center for Accelerator and Radioisotope Science, Tohoku University)
Nobuyuki Sudo (Kyushu University, Graduate School of Medical Sciences and School of Medicine)

PL05 The brain gut microbiome system

Emeran A. Mayer University of California at Los Angeles (UCLA)

Plenary Lecture 6**September 25 (Fri) 9:40-10:30 Room 1**

Chair: Shin Fukudo (Department of Psychosomatic Medicine, Japanese Red Cross Ishinomaki Hospital Research Center for Accelerator and Radioisotope Science, Tohoku University)

PL06 The new Rome V diagnostic criteria for disorders of gut-brain interaction

Magnus Simrén University of Gothenburg

Plenary Lecture 7**September 25 (Fri) 13:50-14:40 Room 1**

Chair: Shu Takakura (Department of psychomatic Medicine, Kyushu University Hospital)

PL07 Treatment for anorexia nervosa: Current perspectives and future directions

Ulrike H. Schmidt Centre for Research in Eating and Weight Disorders, Department of Psychological medicine, Institute of Psychiatry, Psychology and Neuroscience, King's College London

Plenary Lecture 8**September 25 (Fri) 14:50-15:40 Room 1**

Chair: Masato Murakami (International University of Health and Welfare/Sanno Hospital)

PL08 Providing care for the whole person: why and how

Michael C. Sharpe University of Oxford

Plenary Lecture 9 [WEB]**September 25 (Fri) 16:00-16:50 Room 1**

Chair: Nobuyuki Sudo (Kyushu University, Graduate School of Medical Sciences and School of Medicine)

PL09 Gut feelings: The microbiome as a key regulator of brain & behaviour across the lifespan

John F. Cryan University College Cork

Plenary Lecture 10**September 25 (Fri) 10:10-10:40 Room 2**

Chair: Sun Mi Kim (Department of Psychiatry, Chung-Ang University Hospital)

PL10 A resilience-enhancing approach to chronic pain

Kyung Bong Koh Department of Psychiatry, Yonsei University College of Medicine

Plenary Lecture 11**September 25 (Fri) 9:40-10:30 Room 3**

Chair: Yoshiya Moriguchi (Japan Neuropsychiatric Imaging Center, Assoc. PsycholInnovation, Co. Ltd.)

PL11 Dissociating dimensions of interoception: Body-brain interactions and mental health

Sarah N. Garfinkel Institute of Cognitive Neuroscience, University College London

Plenary Lecture 12**September 26 (Sat) 8:00-8:50 Room 1**

Chair: Shuji Aou (Department of Brain Science and Systems Engineering, Kyushu Institute of Technology)

PL12 Psychosomatic connection in the brain: A fundamental mechanism for stress responses

Kazuhiro Nakamura Department of Integrative Physiology, Nagoya University Graduate School of Medicine

Plenary Lecture 13**September 26 (Sat) 9:00-9:50 Room 1**

Chair: Hiroshi Kaneko (Department of Internal Medicine, Hoshigaoka Maternity Hospital)

PL13 Visualization of taste and smell

Kiyoshi Toko Nakamura Gakuen University

Plenary Lecture 14**September 26 (Sat) 10:10-11:00 Room 1**

Chair: Hideaki Hasuo (Department of Psychosomatic Medicine, Kansai Medical University)

PL14 Neural pathways involved in translating stress into pain

Makoto Tsuda Kyushu University

Plenary Lecture 15**September 26 (Sat) 15:20-16:10 Room 1**

Chair: Masako Hosoi (Department of Psychosomatic Medicine and Multidisciplinary Pain Center, Kyushu University Hospital)

PL15 Hikikomori: Pathological and non-pathological social withdrawal in the digital world

Takahiro A. Kato Department of Psychiatry, Hokkaido University Graduate School of Medicine

Plenary Lecture 16**September 26 (Sat) 8:00-8:50 Room 2**

Chair: Motoyori Kanazawa (Department of Behavioral Medicine, Tohoku University Graduate School of Medicine/
Department of Psychosomatic Medicine, Tohoku University Hospital)

PL16 Brain-body interactions underlying cognitive functions and glucose homeostasis

Takuya Sasaki Graduate School of Pharmaceutical Sciences, Tohoku University

Plenary Lecture 17**September 26 (Sat) 9:00-9:50 Room 2**

Chair: Atsushi Sekiguchi (Department of Psychosomatic Medicine, Graduate School of Medical Sciences,
Kyushu University, Japan)

PL17 Diverse CNS macrophages shape brain development and function

Takahiro Masuda Medical Institute of Bioregulation, Kyushu University

Short Talks 1**September 24 (Thu) 9:30-10:00 Room 1**

Chair: Chiharu Kubo (Nakamura Gakuen University)

ST01 Yoga therapy based on the World Health Organization (WHO) standards

Keishin Kimura Japan Yoga Therapy Society

Short Talks 2**September 24 (Thu) 10:20-10:50 Room 2**

Chair: Jun Nagano (Kyushu University Center for Health Sciences and Counseling)

ST02 Integrating knowledge and experience from East and West to enrich the concept of health for the benefit of our societies

Ajándék Eőry Division of Integrative Medicine, Department of Family Medicine, Semmelweis University

Short Talks 3**September 24 (Thu) 11:10-11:30 Room 2**

Chair: George S. Nasra (University of Rochester Medicine)

ST03 The Rochester model: A global biopsychosocial framework for consultation-liaison psychiatry in general hospitals

Hochang Benjamin Lee Department of Psychiatry, University of Rochester School of Medicine and Dentistry

Short Talks 4**September 24 (Thu) 11:40-12:10 Room 2**

Chair: Hochang Benjamin Lee (Department of Psychiatry, University of Rochester School of Medicine and Dentistry)

ST04 Psychosomatic medicine: A German tradition, a global agenda

Stephan Zipfel Dept. Psychosomatic Medicine and Psychotherapy, University Medical Hospital Tuebingen, Germany

Short Talks 5**September 24 (Thu) 10:20-10:50 Room 3****ST05 Transforming depression care for people with cancer: A collaborative care approach**

Jane Walker University of Oxford

Short Talks 6**September 24 (Thu) 11:00-11:30 Room 3**

Chair: Masato Murakami (International University of Health and Welfare/Sanno Hospital)

ST06 Factors contributing to the intractability of Fibromyalgia: The "Four-Hit Hypothesis" and psychosomatic pathophysiology

Masako Hosoi Department of Psychosomatic Medicine and Multidisciplinary Pain Center, Kyushu University Hospital

Short Talks 7**September 24 (Thu) 11:40-12:10 Room 3**

Chair: Ajándék Eőry (Division of Integrative Medicine, Department of Family Medicine, Semmelweis University)

ST07 Reimagining psychosomatic medicine through systems integration: The Rochester experience

George S. Nasra University of Rochester Medical Center, Department of Psychiatry

Short Talks 8**September 25 (Fri) 8:00-8:30 Room 1**

Chair: Tetsuya Ando (Department of Psychology, School of Psychology, Meisei University)

ST08 EMA/EMI for stress-related disorders

Kazuhiro Yoshiuchi The University of Tokyo Hospital

Short Talks 9**September 25 (Fri) 17:00-17:30 Room 1**

Chair: Marie Amitani (Department of Community-Based Medicine, Kagoshima University School of Medicine and Dental Sciences)

ST09 Brain-gut interaction and Kampo medicine

Mosaburo Kainuma Department of Japanese Oriental Medicine, Toyama University Hospital, Toyama, Japan

Short Talks 10**September 25 (Fri) 8:20-8:50 Room 4**

Chair: Yoshio Kanemitsu (Fukuoka Dental College)

ST10 Towards the development of neuro-cognitive-behavioral therapies for psychological and psychosomatic disorders

Hiroaki Kumano Waseda University

Short Talks 11**September 26 (Sat) 10:10-10:40 Room 2**

Chair: Tomokazu Hata (Department of Psychosomatic Medicine, Kyushu University Hospital)

ST11 Suicide attempts among children and adolescents in Japan: Clinical characteristics and support strategies

Katsunaka Mikami Department of Psychiatry, Tokai University School of Medicine