



The 31st Annual Meeting of the JACR

Application Form



Lets go! around Nagoya Castle

Heartful Jogging & Walking

in Meijo Park



2025
July 20th



Reception time 6:00 AM ~ 6:15 AM
Exercise time 6:15 AM ~ 7:00 AM

Cancelled in case of rain!

Jogging 3.5Km

Walking 1.5Km

*Reservations are required It is possible to participate on the day!

*For only participants of JACR

*Cancelled in case of rain! I'll report back at 5:50 AM on JHC 「X」 (<https://x.com/JHCMEDEX>)

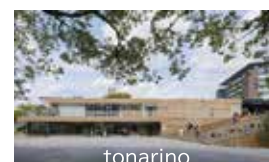
You will get a
commemorative
gift!

Venue

tonarino - Meijo Park
(<http://tonarino-park.jp/>)

Course

Special course in Meijo Park



※Event content and course may change depending on the situation on the day.

Co-organizer : Japan Heart Club AED : NIHON KOHDEN

Course Map



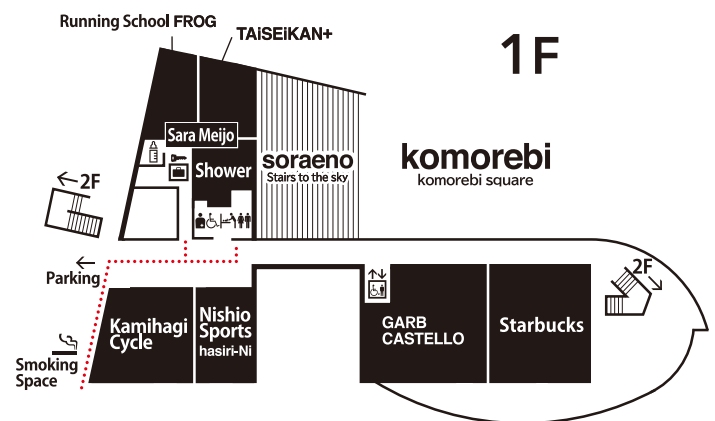
START & GOAL



tonarino

A commercial facility in the Meijo Park that opened in 2017. There are showers and locker rooms, sports facilities, a cafe and restaurant, etc.

Meeting Point : 「komorebi square」
Showers・Coin lockers : 1F 「Sara Meijo」
Showers : 500yen/1time
Coin lockers : 100yen/1time



Nearby facilities



① IG Arena
Multipurpose Gymnasium
Open in the summer of 2025.



② KINSHACHI-YOKOCHO
Muneharu Zone
Showcasing Nagoya's new food culture.



③ KINSHACHI-YOKOCHO
Yoshinao Zone
Classic and long-established Nagoya cuisine.



④ ESPACIO NAGOYA CASTLE
Japan's best luxury hotel in front of Nagoya Castle. Open in the autumn of 2025.